

Knitting Tutorial



Hearts Pattern

Task:

To make two identical hearts for babies that pass away. Families are able to keep one with the baby and keep an identical one in the keepsake box we provide.

Material:

1 x Baby D.K. 50g Ball (8ply)
1 pair 3.25mm Knitting Needles (size 10)

Finished size

10cm / 4in

Suitable colours: White, cream, lavender, pastel pink, pastel green or pastel blue. Please do not use yellow, the colour is not suitable due to some babies being very jaundiced.

Instructions:

Gauge

20 stitches and 40 rows to 10cm, 4 inches over Garter Stitch using 3.25mm needles or the size required to give the correct tension.

Front

Using 3.25mm knitting needles cast on 4 stitches.

Working in Garter stitch throughout.

Next row (right side) and every following row: Increase 1 stitch at each end of the row until 10 stitches are on the needle.

Next row: Knit.

Next row: Increase 1 stitch at each end of this and every following alternate row until 24 stitches are on the needle.

Continue straight in garter stitch for a further 10 rows.

Next row: Knit 12 stitches. Place 12 stitches onto a stitch holder to return to later.

**Working on the 12 stitches on the needle continue straight in garter stitch for 6 rows.





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Instructions continued...

Shape top of heart

1st row: Knit 1, knit 2 together, knit 6, knit 2 together, knit 1. (10 stitches).

Next row and every following alternate row: Knit.

3rd row: Knit 1, knit 2 together, knit 4, knit 2 together, knit 1 (8 stitches).

5th row: Knit 1, knit 2 together, knit 2, knit 2 together, knit 1. (6 stitches).

7th row: Knit 1, knit 2 together, knit 2 together, knit 1. (4 stitches).

8th row: Knit.

Cast off. **.

Rejoin the yarn to the 12 stitches on the stitch holder and rep from ** to **

Back

Work as for front.

To make up

Stitch the front and back side seams together leaving a small opening at the side edge.

Using soft polyester toy filling, stuff the interior of the heart.

Stitch the opening together.

Finish off all loose ends securely.

Special thanks to Audrey Wilson from Audrey Wilson Designs for allowing Miracle Babies Foundation the use of her pattern.